



Nau mai, haere mai to our Term 4 Newsletter!

Term 3 at Cromwell Youth Trust was absolutely buzzing! From packed programmes to meaningful moments with our rangatahi, it was a term full of energy, connection, and growth. The school holidays were just as awesome filled with fun activities, laughter, and opportunities for our young people to explore, relax, and recharge. We're so proud of everything our team and youth achieved, and we're heading into Term 4 with excitement and fresh ideas. There are some fun new activities on the horizon, and we can't wait to see our rangatahi back in the space, ready to dive in and make more great memories together! Keep an eye on our facebook page for weekly fun activities in and around Cromwell.

## Wahine Toa Programme for Girls

We had such a great time getting to know our amazing wāhine toa this term.

Wāhine Toa is a transformative 8-week programme designed to support and empower young women who are experiencing challenges with school attendance, low confidence, or disengagement from education. Grounded in a strengths-based, culturally responsive approach, the programme creates a safe and inclusive space where participants can reconnect with themselves, their peers, and their purpose.



## Friday Afternoon Quizzes

This September, we kicked off our Friday afternoon quizzes, and wow, what a hit! Rangatahi swapped screens for brainpower, diving into trivia, teamwork, and a whole lot of laughs. Not only did they learn some surprising new facts, but the competitive spirit (and weekly prizes!) made it a highlight of the week. The buzz around quiz time is real everyone's in it to win it, and most importantly, to have fun together!





# Mau rākau with Matua Ned

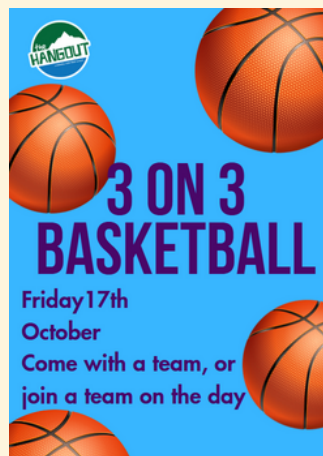
We absolutely loved having Matua Ned and Mez from Mana Tāhuna join us for mau rākau in the holidays. Their presence brought incredible energy, wisdom, and mana to our space, and the way they shared the tikanga and discipline of mau rākau with our rangatahi was truly inspiring. It was more than just learning a skill, it was a powerful connection to culture, identity, and strength. Our rangatahi were engaged, respectful, and left feeling uplifted and proud. We're deeply grateful for the time, aroha, and knowledge Matua Ned and Mez shared with us, and we hope to welcome them back again soon.



Cromwell Youth Trust is excited to announce the re-launch of its Youth Pride Get Together , a safe, supportive, and inclusive space for LGBTQIA+ rangatahi. This renewed initiative aims to bring together youth from Cromwell to connect, share experiences, and celebrate diversity in a welcoming environment. With fun activities, open discussions, and a focus on building community, the Youth Pride Group provides a platform where everyone can feel seen, heard, and valued. Whether you're returning or joining for the first time, this is your space to be yourself, make new friends, and be part of something meaningful.



## Upcoming Hangout Activities Term 4



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